



WHAT IS RELATIONSHIP BANKING?

A way of life in which one balances money-making & relationship-building for the happiness and productivity of self and community.

PURPOSE

To help others find an ethical meaning in life beyond materialism, towards altruism.

LONG-TERM OBJECTIVE

A village of like-minded people, young & old, living with health, confidence, and hope.

WHAT WE BELIEVE

The journey is more important than the destination.
Help others to help yourself.

WHAT WE DO

Prepare

the young for the workplace with an others-centric approach

Build

relationships; from pleasure to doing things together to helping one another

Practice

lifelong learning and active ageing for a happy, healthy long life

Help

seniors retire gracefully, face death with less fear, and leave their legacy

Seek to achieve four levels of happiness:



PLEASE NOTE

No conversations promoting politics, religion, or business.

We do not prioritise business over relationships, or relationships over business.

FURTHER READING

Susan Pinker's "The Village Effect": active social life is needed for learning, happiness, resilience, and longevity.

(<https://tinyurl.com/thevillageeffect>)

Harvard Medical School's 75-Year study on what makes people happy in the long term. (<https://tinyurl.com/harvard75>)

Eric Barker's four sources of happiness: Purpose, Perspective, People, and Play. (<https://tinyurl.com/ericbarker4>)

The Dalai Lama: "Our prime purpose in this life is to help others."

B.F. Atherton: "Is the world better off with you in it, or without you?"



Where It's Happening!

Mondays @ YMCA Orchard, Level 4 Y Cafe
2pm onwards

Fridays @ Somerset 313, Level 5 Food Republic
6.30pm onwards (betw. drinks and fruits stall)



Contact us!

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